

3rd fasting impulse on 03.03.2021

Proximity in the distance?

I invite you again today to deal with the following impulse during this week of fasting (from Wednesday to Tuesday).

Take some time for yourself; look for a quiet place, a comfortable sitting position, quiet music if necessary. You can keep what is known as a "fasting diary" if you wish. You can light a candle. It is entirely up to you how you want to use this impulse for yourself!

What do you miss most during this time of the pandemic? The hairdresser visit? A cozy meal in a restaurant? Extensive shopping?

Personally, what I miss most is being close to other people. In the past year the isolation has grown, people had to keep their distance, everyone is keeping the distance everywhere.

Where do we still experience closeness? The ones in the family who have them. Others with a few friends with whom a closer connection is possible during this time. For example, I have a "contact family" that I visit often.

Physical closeness can still be experienced to a very limited extent, touching contradicts the current rules of distance and hygiene.

It is important to keep in mind with whom we can always feel supported, even if it will not always be an immediate experience. We cannot take God in our arms; we cannot see him face to face.

But we have his promise:

I know you, I have my eyes on you, I love you and I am always there for you.

Trust: you will be guided.

I have a plan of your life, I know the way and the goal for you.

Be sure: you will be guided.

If your ways may also look like detours,
even if some things seem dark, incomprehensible, pointless to you -
be without fear: you are led.

You're never alone. No matter what, I'll stay by your side.

You can rely on it: you will be guided.

Whether you succeed or fail, whether you feel strong or weak -
have courage: you are led.

I need you, I want to work through you.

I have a job for you that only you can do.

Take the next step: you will be guided.

I'll open doors for you, I'll show you the direction.

I give you strength for everything that awaits you.

Go in the certainty: you will be guided.

What do you think about this promise?

I am deeply convinced: God never lets us down. Even if we don't always feel close to him - HE is close to us! HE does not leave us alone even in this stressful time and lets us persevere. We don't need to despair. Let us be guided by HIM!

A good week of fasting to you and all of you!